



Session #2 - Starting the Conversation

1. How would you describe your current conversations with God?
 - One-way, Two-way or a mixture?
 - How much asking vs. listening are you doing? Are you having any conversation?
2. Watch **Audible, Session 2** (approx. 19 minutes)
3. **Read John 14:26.** Randall teaches it's impossible to fully grasp what God is up to without the help of the Holy Spirit. How would you describe your current relationship to the Holy Spirit?
4. **Read Galatians 5:22-23.** What a lovely list of virtues! Most people want to cultivate this kind of "fruit". As you consider your relationship with the Holy Spirit, who is doing the work of producing this kind of fruit. Is it all on you or is it a team effort?
5. Obviously, God speaks volumes through scripture, but he's not limited to it when communicating with us.
Randall gives us a few examples of other ways God likes to speak us...
 - ❖ *Calling you as his child*
 - ❖ *Worship*
 - ❖ *Conviction*
 - ❖ *A burden or prompting*
 - ❖ *Preaching or teaching*
 - Looking back on your life, have any of these been part of your experience?
 - Looking forward, how can you practice hearing God's voice through one of these ways this week? Is there a daily practice for you to explore?
6. Have each individual read Psalm 100:4 on their own and consider the Randall's questions:
 - What do you think of me?
 - What do you like about me?
 - What words of encouragement do you want to speak to me right now?

After some time, invite people to share what they heard in response to these questions.
(NOTE: This last exercise is important and practical... not to be missed. If you have to save time somewhere, make sure you include this exercise.)

Anchor Crew Questions

At the heart of The Anchor Initiative is the 3-2-1 Process:

- A “Crew” of at least 3 people
- Meeting 2x a week , to encourage each other
- While each of you forge 1 Habit .

Let these questions guide your check-in with each other:

1. Share with the Crew how the last week has been with your habit formation... The good... the bad... and the ugly.
2. If it's going well, celebrate! If you've been struggling with the habit, what could you try to make it better? How can the Crew help you?
3. What has the work of habit formation revealed to you about God's work in your life this week? How does that change things for you?
4. Is there anything about Randall's talk that might compliment or change your approach to your daily habit?

