COUPLE CHECKUP

Dating? Engaged? Married?

Take time to strengthen your relationship!

Assessment & Workshop March 30 | 9am - 4pm | Cost \$40 Register online under EVENTS



FEAR OF LOSS (ANXIETY) Matthew 6:25-34

Matthew 6:25-34

"Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life?

And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?'

For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

PHOBIAS... WE ALL HAVE THEM!

ACROPHOBIA

ACROPHOBIA Fear of Heights

TE

AVIOPHOBIA

AVIOPHOBIA Fear of Flying

CONSECOTALEOPHOBIA

CONSECOTALEOPHOBIA Fear of Chopsticks

HIPPOPOTOMONSTROSESQUIPEDALIOPHOBIA

HIPPOPOTOMONSTROSESQUIPEDALIOPHOBIA Fear of Long Words! (No Graphic Needed)

HOMILOPHOBIA

HOMILOPHOBIA Fear of Sermons

PENTHERAPHOBIA

PENTHERAPHOBIA Fear of Mother-in-laws

ANXIOUSNESS...A COMMON STRUGGLE

THE GOOD NEWS...A BENEVOLENT KING

Life is more than food & clothing

- Life is more than food & clothing
- Birds live free of anxiety

- Life is more than food & clothing
- Birds live free of anxiety
- Anxiety...a waste of emotional energy

- Life is more than food & clothing
- Birds live free of anxiety
- Anxiety...a waste of emotional energy
- God dresses up the flowers

Only unbelievers have an excuse

- Only unbelievers have an excuse
- God knows our every need

- Only unbelievers have an excuse
- God knows our every need
- Let Him carry your burden

- Only unbelievers have an excuse
- God knows our every need
- Let Him carry your burden
- Don't sweat tomorrow

SO HOW DO I LIVE ANXIETY FREE?

SO HOW DO I LIVE ANXIETY FREE? Get involved in "kingdom building"

SO HOW DO I LIVE ANXIETY FREE?

Get involved in "kingdom building"
Make righteous living your goal



SO HOW DO I LIVE ANXIETY FREE?

- Get involved in "kingdom building"
- Make righteous living your goal
- Give Him everything!

TAKE IT PERSONALLY



God's Kingdom & His Righteousness PAY TO THE \$ Everything ORDER OF Anything. Any Time. Anywhere. At Any Cost. XX/100

17|03|2019

DATE

MEMO Here's my life (Matthew 6:33)