

What is Journey 101?

Journey 101 is an introductory look at blocks in our relationship with God, ourselves and others, and issues that prevent us from moving forward.

Who is the program for?

Anyone. Particularly those wanting to explore what a healing journey looks like, and its implications for life and relationships.

What is the program like?

Journey 101 consists of six weekly sessions. Each consists of a short time of worship, a talk with testimonies, and small group sharing. Journey 101 employs a confidentiality policy and facilitates closed groups, which ensures trust and safety in the small groups.

What's the content of the program?

The topics for the program include:

- 1. I Am Stuck
- 2. What Are We Dealing With Here?
- 3. How Have I Managed to Survive Until Now?
- 4. Why Doesn't Anyone See That I Have Needs?
- 5. Why Can't I Do This Journey on My Own?
- 6. The Choice to Walk Is Mine

How does one apply?

Please fill out the Journey 101 Program application (its contents will be kept strictly confidential). Submitting an application does not guarantee your admission into the program. Applications are reviewed on a first-come, first-serve basis and participants will be notified when their application has been reviewed and accepted.

What are the particulars?

Location: Rockpointe Church - *Bowridge Site* (12 Bowridge Drive NW, Calgary AB) Start Date: Tuesday, May 2, 2017 End Date: Tuesday, June 6, 2017 Time: 7:00pm – 9:00pm Cost: \$75 (All fees are due in full at the start of the program)

What else is important to know?

If you're interested in taking the Journey 101 Program, apply early. Places are limited.

Applications can be submitted via email.

For more information, please contact Journey Canada in Calgary at:

- e: calgary@journeycanada.org
 - 403.474.2594

t:

w: www.journeycanada.org