



DEVOTIONALS	SUMMARY
<p>You Version Bible App/Website www.youversion.com</p>	<p>There are many reading plans you can access through this app/website. Many of them are very good. You can search very specifically and there is a large variety in the plans. Great resource! Definitely one of my favorite places to direct anyone when searching for devotional resources.</p>
<p>www.studentdevos.com</p>	<p>Student Devos provides devotions for teens including daily devotions to help youth go deeper with their relationship with God. Has many topics and youth can choose to read or listen to the provided devotionals.</p>
<p>God, Girls and Getting Connected: Spiritual Apps for a Teens Life - Robin Marsh and Lauren Nelson</p>	<p>A cleverly presented, timely look at Gods help for the needs young women face today. Perfect for individual faith growth and as group discussion and study material.</p>
<p>(Extra)Ordinary - Youth - Stephen Ingram</p>	<p>A 365 day devotional. (Extra)Ordinary isn't like other year-long devotional journals. There are three different sections so teens can choose where they want to pick up each day based on how they feel or what they are going through: Ordinary Times, Crazy Times, and Holiday Times!</p> <p>Each devotional has a scripture, thoughts from the author and a fairly good application (go and do).</p>
<p>The God Girl Journey: A 30-Day Guide to a Deeper Faith - Hayley DiMarco</p>	<p>Hayley DiMarco's God Girl books and Bibles have been a huge hit with teen girls. Now everyone's favorite big sister and spiritual mentor takes girls on a 30-day journey into a deeper relationship with God. Beginning with a spiritual cleanse and then following with an in-depth study of the fruit of the Spirit, teen girls will learn what it means to love, be joyful, live out peace, and much more. Steeped in Scripture and with thought-provoking questions for girls to answer about their spiritual lives, The God Girl Journey is perfect for the girl who is on the path to becoming a God Girl and wants to take those next critical steps to maturity</p>
<p>The Zombie Apocalypse Survival Guide for Teenagers - Jonathan McKee</p>	<p>The Zombie Apocalypse Survival Guide for Teenagers isn't a normal book. It's not even a normal Zombie survival guide. It's a story of three teenagers enduring and surviving against the odds, adapting where many adults failed. Not many teenagers survived "The Havoc," probably because most didn't acclimate and learn like these three. This book is part fiction and part devotional.</p>
<p>My Utmost for His Highest - Oswald Chambers</p>	<p>Simple and easy to follow with good Scriptural grounding. Would be best suited for an older preteen.</p>
<p>The Bible Experience - Inspired by Media (Audio Bible)</p>	<p>The best audio bible I have come across. I personally used it for a long period of time. It is engaging and well done. Reading is done by well known actors/actresses and as such is read at a high level.</p>
<p>Scripture Reading: Manga Bible</p>	<p>Manga, is a popular style of Japanese comics. The Bible has been adapted into a five part Manga series that is popular with preteens.</p>

BOOKS	SUMMARY
<u>Understanding Your Young Teen</u> - Mark Oestreicher	Mark, who is a parent of two and worked in youth ministry for over 3 decades offers insights on early adolescent development, new research and cultural changes, and practical applications for parenting and living with young teens revealing opportunities for faith formation in the lives of young teens.
<u>Boundaries with Teens: When to Say Yes, How to Say No</u> - John Townsend	Townsend gives important keys for establishing healthy boundaries—the bedrock of good relationships, maturity, safety and growth for teens and the adults in their lives. The book offers help in raising your teens to take responsibility for their actions, attitudes and emotions.
<u>Revolutionary Parenting: Raising Your Kids to Become Spiritual Champions</u> - George Barna	Provides research on the lives of young adults with strong Christian faith and looks back at the steps their parents took to shape their spiritual lives as children.
<u>Sticky Faith</u> - Dr. Kara Powell and Dr. Chap Clark	A practical resource for parents to use in developing within their kids a deep, dynamic faith that "sticks" long term. The authors give a powerful strategy to show parents how to actively encourage their children's spiritual growth so that it will stick to them into adulthood and empower them to develop a living, lasting faith.
<u>Preparing for Adolescence: How to Survive the Coming Years of Change</u> - Dr. James Dobson	Dobson provides a resource that helps parents talk with their preteens about major topics that will be facing. Topics include avoiding feelings of inferiority, handling peer pressure, drug abuse, puberty, sexual development, menstruation, masturbation, romantic love, overcoming discouragement, sound decision-making, and handling independence.
<u>Age of Opportunity</u> - Dr. Paul Tripp	The teenage years often present difficulty for parents. As a person passes from childhood into adulthood, the transition can be tumultuous. Teenagers are portrayed as objects that need to be controlled and restrained. This view is wholly unbiblical. Tripp reveals what Scripture has to say about parenting.
<u>Parenting With Kingdom Purpose</u> - Broadman and Holman	Indeed, children are a constant reminder of God's goodness. In that light, Christian parents are called to celebrate and nurture the unique personality traits and talents of each precious one with a gracious and eternal perspective. What the world has to offer will win their closer attention. Parenting with Kingdom Purpose looks at Bible teaching and the recent National Study of Youth and Religion to shape a fresh approach to raising children that cuts through the chaos of modern life and brings families closest to each other and the Lord.
<u>How and When to Tell Your Kids About Sex: A Lifelong Approach to Shaping Your Child's Sexual Character</u> - Stan Jones	This book will help you establish a biblical view of sexuality for your kids. Learn how and when to talk with your children about sexual curiosity, physical changes of puberty, dating, chastity, and more.
<u>8 Great Dates for Moms and Daughters</u> - Dannah Gresh	This book is for moms and their 8-12 year old daughters. Each date focuses on one topic surrounding beauty and modesty and provides everything you need to plan and carry out the dates.
<u>Spiritual Parenting</u> - Michelle Anthony	In her book, Michelle Anthony encourages parents to depend on God in order to create home environments that God can use to beckon our kids to Him. She identifies 10 environments and provides tools and ideas to help you adapt them to your own setting and family.

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<p><u>The Teenage Brain: A Neuroscientist's Survival Guide to Raising Adolescents and Young Adults</u></p> <p>- Frances E. Jensen with Amy Ellis Nutt</p>	<p>The author describes the unique state of the teenage brain in a way to help parents understand their teen's amazing strengths, unique vulnerabilities and how parents can support them to navigate this bumpy time.</p>
<p><u>Parenting is Your Highest Calling & Eight Other Myths That Trap Us in Worry & Guilt</u></p> <p>- Leslie Leyland Fields</p>	<p>This book highlights how the church sometimes encourages us to take on responsibilities for our kids that aren't really ours and contributes to our feelings that we aren't doing it right. This book is for the entire parenting spectrum not specific for teen years.</p>
<p><u>Do Hard Things: A Teenage Rebellion Against Low Expectations</u></p> <p>- Alex & Brett Harris</p>	<p>This book for teens was written by brothers when they were teenagers to encourage others to rebel against a culture that expects them to be lazy and self-centred and instead, to live passionately for God.</p>

WEBSITES	SUMMARY
<p>Orange Parents <u>theparentcue.org</u></p>	<p>You don't have to parent alone. Learn a variety of parenting strategies/tactics on this website, and get links to further resources. But most importantly, learn how to best partner with the local church as you raise your kids.</p>
<p><u>stickyfaith.org/family?/parents</u></p>	<p>What happens to a child-like faith when your child is all grown up? This web and book-based resource is all about building up a Christ-centered faith that will actually last when our kids become adults.</p>
<p><u>www.crosswalk.com</u> Parenting Teens</p>	<p>This Christian site contains many articles that can encourage parents along the journey and create a sense of solidarity with other Christian parents as they interact with their teenagers.</p>
<p><u>www.homefrontmag.com</u></p>	<p>A resource for parents, available through a downloadable app or email. Each month focuses on a different theme and it contains a lot of helpful ideas for building faith in the home.</p>
<p><u>www.cpyu.org</u></p>	<p>Seeking to serve parents by bridging the generational gap. Great articles and advice on how to connect with teens and be effective parents. CPYU seeks to help parents understand and respond to the complex world of the children from a distinctively Christian point of view.</p>