



experiencing the Holy Spirit

# **The Spirit and the day-to-day**



# Walking in the Spirit

Galatians 5:16-6:10



# How to Walk in the Spirit



# How to Walk in the Spirit

1. Get set for an intense, internal, spiritual battle



# How to Walk in the Spirit

1. Get set for an intense, internal, spiritual battle
2. Pay attention to the fruit of your life



It is obvious what kind of life develops out of trying to get your own way all the time: repetitive, loveless, cheap sex; a stinking accumulation of mental and emotional garbage; frenzied and joyless grabs for happiness; trinket gods; magic-show religion; paranoid loneliness; cutthroat competition; all-consuming-yet-never-satisfied wants; a brutal temper; an impotence to love or be loved; divided homes and divided lives; small-minded and lopsided pursuits; the vicious habit of depersonalizing everyone into a rival; uncontrolled and uncontrollable addictions; ugly parodies of community. I could go on.

Galatians 5:19-20 (Message)



But what happens when we live [in the way of the Spirit?]  
He brings gifts into our lives, much the same way that fruit appears in an orchard—things like affection for others, exuberance about life, serenity. We develop a willingness to stick with things, a sense of compassion in the heart, and a conviction that a basic holiness permeates things and people. We find ourselves involved in loyal commitments, not needing to force our way in life, able to marshal and direct our energies wisely.

Galatians 5:22-23 (Message)



# How to Walk in the Spirit

1. Get set for an intense, internal, spiritual battle
2. Pay attention to the fruit of your life
3. Crucify the Flesh





# Crucifixion...

- Pitiless
- Painful
- Decisive



When some jealous, or proud, or malicious, or impure thought invades our mind, we must kick it out at once. It is fatal to begin to examine it and consider whether we are going to give in to it or not. We have declared war on it; we are not going to resume negotiations. We have settled the issue for good; we are not going to reopen it. We have crucified the flesh; we are never going to draw the nails.”

John Stott



# How to Walk in the Spirit

1. Get set for an intense, internal, spiritual battle
2. Pay attention to the fruit of your life
3. Crucify the Flesh
4. Keep in Step with the Spirit



# Keeping in Step...

- Get help from your spiritual family



# Keeping in Step...

- Get help from your spiritual family
- Sow to please the Spirit



Freedom